

Tyna Moore, ND, DC

14511 Westlake Dr. Ste 148
Lake Oswego, OR 97035
503.644.4446

Education:

- 2015 American Association of Orthopedic Medicine Annual Workshop
Cervical/Thoracic Spine, Upper Extremity. Denver, CO 16 hrs
- 2015 AAOM Annual Workshop: Pre-Conference. Ultrasound Imaging and Injections
Upper Extremity. 7 hrs.
- 2015 American Association of Orthopedic Medicine 32nd Annual Conference and
Scientific Seminar, New Orleans, LA 29 hrs
- 2014 Barton University- Comprehensive Sports Medicine Board Review
Lake Tahoe, CA 32 hrs
- 2014 American Association of Orthopedic Medicine Annual Workshop
Lumbar, Pelvis and Lower Extremities. Denver, CO 17.75 hrs
- 2014 The Orthobiological Institute (TOBI) 5th Annual PRP and Regenerative Medicine
Symposium, Las Vegas, NV, 11 hours
- 2014 Comprehensive Sports Medicine Update and Board Review, 32 hours
- 2014 American Association of Orthopedic Medicine 31st Annual Conference and
Scientific Seminar, Clearwater, FL
"Sports, Spine, & Beyond - Latest Advances in Regenerative Orthopaedic
Medicine" 34.25 hours
- 2013 Hackett Hemwell Foundation Prolotherapy Conference
Anatomy, Diagnosis and Treatment of Myofascial Pain with Prolotherapy
University of Wisconsin, 30.5 hours
- 2013 Platelet Rich Plasma Course- Noel Peterson, ND 8 hrs

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- 2013 American Association of Orthopedic Medicine Annual Workshop
Restorative Medicine- Cervical, Thoracic Spine and Upper Extremities
Denver, CO 16 hours
- 2013 American Association of Orthopedic Medicine 30th Annual Conference and
Scientific Seminar, Phoenix, AZ 20.5 hours
- 2012 American Association of Orthopedic Medicine Annual Workshop
Restorative Medicine- Lumbar Spine, Pelvis and Lower Extremities, Denver, CO
16 hours
- 2012 Interactive Shoulder and Ankle Course- Tom Ravin, MD 6.5 hours
- 2012 Musculoskeletal Ultrasound of the Extremities/Hip with Needle Guidance
Techniques, MSKUS, Tom Clark, DC, Fort Worth, Tx 12 hours
- 2012 Advanced Orthopedic Exam and Injury Diagnosis- Jon Trister, MD 6 hours
- 2012 Boundaries for Physicians, Ethics 2 hours
- 2012 HIPAA Compliance 2 hours
- 2011 Dry Needling Certification Course, UWS 12 hours
- 2011 Managing the Difficult Patient, Expert Practice Series Certificate
- 2011 Institute of Functional Medicine Annual Symposium
- 2010 Evidence Based Outcomes Practicum
- 2010 Advanced Pain Management in Oregon 8 credits
- 2010 Neurotransmitters and Brain Seminar
- 2005-2012 Preceptorship in Prolotherapy, PRP, Regenerative Injection Therapy with Rick
Marinelli, ND

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- 2010 Cosmetic Dysport and Dermal Filler Practicum

- 2008 Neural Therapy, Mesotherapy & Myofascial Trigger Point Injection Certification with Rick Marinelli, ND 12 hours

- 2008 Prolotherapy Certification with Rick Marinelli, ND 12 hours

- 2008-2009 Active Release Techniques Certification, Upper/Lower Extremity 24 hours each

- 2007-2008 Preceptorship in BHRT and Pain Management with Heidi Peterson, ND

- 2003-2008 Western States Chiropractic College, Portland, OR. Doctor of Chiropractic Degree (D.C.)

- 2004-2008 National College of Naturopathic Medicine, Portland, OR. Doctor of Naturopathic Medicine Degree (N.D.)

- 2007 National Board of Chiropractic Examiners Physiotherapy Certification

- 2007 Basic and Advanced I.V. Certification Training, Portland, OR.

- 2007 Nutritional Therapy in Medical Practice- Gaby/Wright, Las Vegas, NV.

- 2007 Amino Acid Therapy Training Course, Seattle, WA.

- 2007 Functional Endocrinology Course, Portland, OR.

- 1995-1997 University of Oregon, Eugene, OR. Bachelor of Science Degree (B.S.)

- 1992-1995 Portland State University, Portland, OR.

- 1992 Graduated from Beaverton High School, Beaverton, OR.

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Experience:

- 2008-Present Core Wellness Clinic, Beaverton, OR. CEO/Physician
- 2011-2013 Natural Medicine Clinic, Beaverton, OR. Physician.
Locum for Dr. Rick Marinelli, ND, MSOM.
- 2010-2011 Lake Oswego Chiropractic Clinic, Lake Oswego, OR. Physician.
- 2009-2010 Clearwater Clinic, Portland, OR. Physician.
- 2009-Present Licensed by the Oregon Board of Chiropractic Examiners
- 2008-Present Licensed by the Oregon Board of Naturopathic Medicine
- 2014-Present Member, American Association of Pain Management
- 2012-Present Member, American Association of Orthopedic Medicine
- 2006-Present Member, Oregon Association of Naturopathic Physicians
- 2004-Present Member, American Association of Naturopathic Physicians
- 2003-Present Member, American Chiropractic Association

Teachings:

- 2017 Prolo 101: An Introduction to Prolotherapy
Online Course
- 2017 Diversification and Social Media: How to Avoid Burnout
NMSA, AZ
- 2017 Naturopathic Considerations & Treatments of Inflammatory
Arthritic Conditions
NUNM, PDX

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- 2017 Women in Balance Conference NCNM, PDX
Muscle as Medicine: Balancing Women's Hormones with Strength Training

- 2017 Naturopathic Prolotherapy Brigade to Mexico
May, Cancun, Mexico

- 2016 Pain-Free and Strong Online Summit
Online

- 2016 Prolotherapy in Podiatric Sports Medicine
AAPSM

- 2016 Naturopathic Medicine Paradigm in Functional Medicine
Medfit Mastermind Event

- 2016 Prolotherapy vs. PRP: Advanced Pearls
College of Naturopathic Doctors of Alberta Annual Conference

- 2016 Naturopathic Prolotherapy Brigade to Mexico
October, Cancun, Mexico

- 2016 Prolotherapy Teaching in Mexico
March, Cancun, Mexico

- 2016 Art of Needling Seminar
July, PDX

- 2016 Food as Medicine Annual Conference NCNM, PDX
Eating for Arthritis: Food is Your Most Powerful Tool for Pain Relief

- 2015-2016 Regenerative Injection Therapy Workshops SCNM, AZ
Faculty. Weekend Module Training Series

- 2015 Prolotherapy, PRP or Stem Cells- Where, When and Why
First Annual Integrative Sports Medicine Conference NCNM, PDX
Regenerative Injection Therapy in Sports Medicine

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- 2015 Lichen Sclerosus Treatment with Adipose Stem Cells and PRP
Women in Balance Conference NCNM, PDX
- 2015 Art of Needling Seminar
May, PDX
- 2015 Pain and the Gut: GI Health and the links to MSK Healing Workshop
AAOM Annual Conference, NOLA
- 2015 Hormones and Pain Workshop
AAOM Annual Conference, NOLA
- 2014 Pain and the Gut: GI Health and the links to Musculoskeletal Healing,
AAOM Annual Conference, Florida
- 2013 Soft Tissue Techniques and Prolotherapy Introduction Seminar
Phoenix, AZ
- 2013 The Art of Injection Therapy Seminar (Soft Tissue Injection Techniques)
March, April and May, Portland, OR
- 2012 Grand Rounds, "Prolotherapy/Injection Therapy in Naturopathic Practice,
National College of Natural Medicine
- 2012-2015 Over the Counter Drugs, Online CEU Course, University of Western
States
- 2011-2013 Oregon Board of Chiropractic Examiners Minor Surgery Board Review
- 2008-2013 Adjunct Faculty, University of Western States, Minor Surgery
- 2009-2011 Adjunct Faculty, University of Western States, Pharmacology